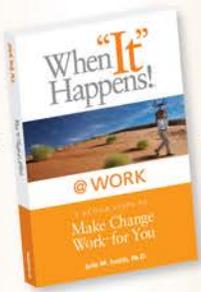


BASED ON



THE BOOK

Make Change Work™ for You

Awareness Program



Program Specifications

Length:

1 hour suggested, which includes the 21-minute video

Target Audience:

All employees—from front line to senior leaders

Format:

Video based, interactive group discussions

Program Materials:

- PowerPoint Presentation with Facilitator Notes
- Video, *Anna's Story*
- Exercise Handout
- 1 set of Action Step Cards

Pricing:

Purchase: \$795.00

1-Week Rental: \$295.00

Additional Action Step Cards: pack of 10 for \$59.50

Also available via the Streaming Platform!

Distributed by:

TRAINING SOLUTIONS, Inc.

703-318-0838

info@trainingsolutions.com



Program Overview

Give your employees the tools to win—not-spin during change. Whether you have a change to deploy or you need to build a change-resilient workforce, this program will help your employees develop the skills to quickly adapt to any change. Embed this program into all your change projects or add it to your core curriculum.

The 5 Actions Steps

Participants will learn 5 Action Steps to more rapidly adjust to change. They learn how to:

- overcome the negative feelings that can come with change
- reframe unproductive thoughts & beliefs
- defreeze and try new behaviors
- arrange encouraging consequences to keep themselves motivated
- discover the impact they have on others as they deal with change

“During change, employees lose 2 hours of productivity per day haphazardly processing what the change means for them personally. This does not have to be! Provide your employees with our proven 5 Actions Steps for leading themselves through change and they’ll get their heads back in the game quickly to help achieve organizational goals.”

—Dr. Julie M. Smith
CEO, ChangePartner, LLC

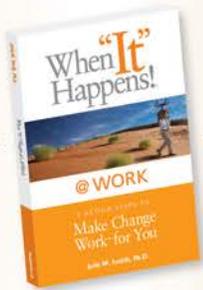
The DVD, *Anna's Story*

A company merger presents Anna with a host of unwelcome changes, including a new job assignment, a tough new boss, and a longer commute. Anna reacts with sarcasm at work and anger at home. Her handling of this change takes its toll—at work her new colleagues are wary and keep their distance from her; at home her family life is disrupted. Fortunately, in her heart of hearts, Anna knows there’s a better way to handle change. Led by her better self, viewers see Anna take 5 Action Steps—simple but powerful—to become Change-Resilient™.

About ChangePartner

ChangePartner’s Founder, Dr. Julie M. Smith, is a world-class change leadership consultant. She has pioneered some of the most innovative change tools available today. Her book, **When “It” Happens! @ Work**, introduces a powerful personal change model that people “get” immediately. The accompanying videos, workshops, and easy-to-use support tools have

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